

Signs of OVERDOSE

Signs of OVERDOSE, which is a life-threatening emergency, include the following:

- ✓ The face is extremely pale and/or clammy to the touch.
- ✓ The body is limp.
- ✓ Fingernails or lips have a blue or purple cast.
- ✓ The person is vomiting or making gurgling noises.
- ✓ He or she cannot be awakened from sleep or is unable to speak.
- ✓ Breathing is very slow or stopped.
- ✓ The heartbeat is very slow or stopped.

Signs of OVERMEDICATION, which may progress to overdose, include:

- Unusual sleepiness or drowsiness.
- Mental confusion, slurred speech, or intoxicated behavior.
- Slow or shallow breathing.
- Extremely small “pinpoint” pupils.
- Slow heartbeat or low blood pressure.
- Difficulty in being awakened from sleep

Source: This tool is from the Substance Abuse and Mental Health Services Administration Opioid Overdose Prevention Toolkit (<http://store.samhsa.gov/product/Opioid-Overdose-Prevention-Toolkit-Updated-2016/SMA16-4742>)